



Press release  
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## **An ambitious program in 2021 for new Korian's Health Research & Innovation Department**

Korian, Europe's leading care group for the elderly and fragile, is developing research in its facilities to concretely improve the relevance and quality of caregiving. With 22 projects already underway, organized around 4 priority areas, Korian's 2021 Health Research & Innovation Department program is ambitious.

Launched at the beginning of 2020 and building on the autonomous research department created many years ago by the "5 santé" clinic group that joined Korian, the Health Research & Innovation Department is led by Catherine Miffre (Director of Research and Innovation), accompanied by Nelly Heraud (Director of Research), and now structured around a strategic committee and a research committee, chaired by Alain Varray and Maurice Hayot, both university professors.

This direction has established a controlled organisation around experienced and permanent researchers and long-standing contractual collaborations with universities and public institutions (University of Montpellier, University of Lyon, ...) and university laboratories ("EuroMov Digital Health in Motion", "PhyMedExp: Physiology and Experimental Medicine of the Heart and Muscles"; and the "L-VIS" laboratory on Vulnerabilities and Innovation in Sport).

Several experimental studies are being pursued on chronic diseases around the themes of "health behaviours", "the relevance of drug and non-drug therapies" and "muscle as a risk factor and therapeutic issue". In addition, in connection with changes in the short and long-term health context and patient needs (i.e., limited access to healthcare structures, maintenance of benefits, etc.), several projects have also been launched on the theme of "innovation in care pathways", particularly in the area of respiratory rehabilitation, with the support of pilot establishments and university laboratories.

By being part of this research and innovation approach, in line with its corporate project "In Caring Hands" and its commitments to sustainable development, Korian is contributing to the creation of new knowledge, thus allowing patients to benefit from the most innovative care techniques and professionals to update their practices in the light of new scientific knowledge.

With nearly 80 indexed publications and 258 conference papers to its credit, the research team and several therapists from the Group's healthcare facilities presented several projects last September at the European Respiratory Society, the most important annual conference in the field of Respiriology. In November, during the *13th Francophone Alvéole Days* (which bring together experts in respiratory rehabilitation), they also presented the results of several clinical studies conducted in the Group's *cliniques du Souffle*. On this occasion, they won the prize for 'best communication' with the project entitled "Specific reduction of motor cortex activation in COPD patients with muscle weakness."

*"In close collaboration with Korian's medical teams and the Korian Foundation, our research work will continue to focus on the historical themes of the Le Souffle clinics, including know-how in respiratory rehabilitation, which reinforces Korian's expertise in the health context marked by the Covid 19 epidemic. The scope of the work will also be extended to other specialties, such as Physical and Rehabilitation Medicine, other chronic diseases and aging. Our integration within the Korian Group will amplify the impact of our research work by extending it to the entire scope of the Group's clinics and structures for the elderly",* underlines Catherine Miffre, Korian Group's Director of Health Research and Innovation.

### **About Korian**

Korian, the leading European Care Services Group for elderly and fragile people.  
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