



## **Korian is opening the Estela clinic, for geriatric and oncological post-acute and rehabilitative care in Toulouse, France**



Korian, a provider of healthcare and support services for the elderly, is announcing the opening of the Estela clinic, which will be a part of the Toulouse Oncology Hub. This new healthcare centre will provide oncological and geriatric post-acute and rehabilitation care. The clinic has 95 inpatient beds and a day hospital unit that can accommodate 15 patients. It will replace

the Val des Cygnes clinic at Labarthe-sur-Lèze, which has been closed.

Accredited to provide post-acute and rehabilitation care for 'onco-hematological disorders', the Estela clinic will provide the following specialised and coordinated care services for patients who suffer from onco-hematological and onco-geriatric disorders:

- Oncological support services with ongoing therapeutic care both during illness and between treatments,
- The treatment of illness and/or treatment symptoms, such as pain, fatigue, nutritional complications, digestive, respiratory, genitourinary and musculoskeletal disorders, disabilities, social problems, mental suffering and body image disturbance.

The Estela clinic also welcomes elderly patients with multiple conditions, assesses their loss of physical and/or cognitive faculties and prepares rehabilitation programmes.

The clinic's multi-functional day hospital, which helps patients return to and continue to live in their homes, has its own premises and dedicated staff. It provides patients with support services, both during and after their illness, geriatric consultations and assessments, and can accommodate dependant patients who suffer from multiple ailments.

An integral part of the local healthcare and partnership network, the Estela clinic works very closely with the Toulouse Cancer University Institute (IUCT), the Toulouse University Hospital Centre (CHU) and the Onco-Occitanie network. Medical and paramedical staff are trained by IUCT experts to ensure continuous patient care, safety and comfort. The clinic has also joined forces with the department of Haute Garonne's Anti-Cancer League to provide activities and useful services for patients and their families.

The facility also participates in the Toulouse CHU's INSPIRE programme to promote 'healthy' ageing. According to Nicolas Mériqot, France Healthcare Division Executive VP:



*"This new healthcare hub is typical of Korian's strategic approach. First of all, because it offers a high level of expertise in rehabilitative care. Secondly, because it fits perfectly into the regional spectrum of healthcare services and the care pathway. It is the fruit of a collective effort to better serve patients in partnership with all relevant stakeholders, including primary care physicians, day-care specialists and staff, hospital and clinic specialists and staff, regional healthcare authorities, and the Korian group's healthcare and facility personnel."*

The Estela clinic, which was designed by architect Jean-Paul Viguier, is a good example of Korian's partnership with Icade, which was entrusted with the clinic's construction. With over 5,000 m<sup>2</sup> of floor area, the Estela clinic is equipped with two diagnostic and treatment facilities that offer the most recent innovations in medical technology. Designed with the conviction that comfort is conducive to care, the building provides an environment that encourages interaction and the presence of loved ones. For example, lounge areas are available for family members and there is a hairdressing salon for patients. The clinic is also equipped with various digital solutions, which include a swipe card access system to monitor opening doors, home automation devices in each patient's room and a system that enables patients to communicate easily with their friends and family. In compliance with environmental quality standards, there is a garden with an area that is equipped for rehabilitation exercises.

The clinic's multi-disciplinary 90-member team is composed of generalist physicians, a pneumologist, a sports doctor, geriatricians, physicians specialised in oncology and palliative treatments and a full crew of paramedical staff including nurses, nursing assistants, physiotherapists, occupational therapists, speech therapists, dieticians and psychologists.

Korian already has an extensive presence throughout the Occitanie region, with six clinics, 23 nursing homes and two residential care facilities that will open in early 2020. The transfer of the Val des Cygnes site to the Oncology Hub is part of the overall restructuring of Korian's healthcare network in and around Toulouse, in accordance with the authorities of Toulouse Métropole and the Occitanie Regional Health Agency.

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#### **About Korian**

Korian, the expert in care and support services for the elderly, manages Europe's leading network of long-term care nursing homes, specialised clinics, assisted living facilities, home care and hospital homecare services.

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